

Excursion B

Course for Learning Lessons from the Great East Japan Earthquake in Kamaishi

Itinerary

July 19 (Thu)

- 13:30 Departure from Morioka
- 16:30 Arrival at the Nebama Kaigan Coast, Kamaishi City
Visit to the Nebama Kaigan Coast, the seawall, the Nebama settlement relocated on a hill, etc.
- 18:00 Dinner at Minshuku Maekawa in the Nebama settlement
- 19:00 Explanation of community building for post-disaster reconstruction in Nebama
- 20:30 Departure for hotels, etc.
- 21:00 Arrival in downtown Kamaishi

July 20 (Fri)

- 8:30 Departure from hotels, guest houses, etc.
- 9:00 Arrival at the Unosumai Community Center (Life Support Center)
Explanation of education about disaster risk reduction before the Great East Japan Earthquake, and other topics
- 10:00 Experience and explanation of evacuation activities in the aftermath of the Great East Japan Earthquake
- 11:30 Lunch
- 12:30 Explanation of earthquake and tsunami damage to Kamaishi City, the city's measures for disaster response and reconstruction, etc.
- 14:10 Departure from Unosumai
- 18:10 Arrival at Sendai Station

Highlight ①

The effect of prior disaster drills on Kamaishi City

The effect of the earthquake and tsunami in 2011 on various areas in Kamaishi, and in the Unosumai district in particular, differed depending on prior measures taken against disasters. Participants in this excursion will learn about a case of prior disaster education at schools, which enabled students to choose the best ways on their own decision in the aftermath of the tsunami, and local efforts to make the most of lessons learned from the disaster. Focus will be placed on the essence of what the students learned before the tsunami, and participants will experience part of what the students learned.

Content of education about disaster risk reduction

- Disasters hit you when you forget them. (We need to make an effort to prevent our memories of disasters from fading away.)
- If a tsunami occurs, evacuate yourself to a high place. (The myth of the effectiveness of seawalls has been destroyed.)
- Continue to do practical drills (to increase the ability to make judgments yourself).
- Each person is weak. (But uniting together makes us stronger.)
- Ensure your safety in case of an emergency. (Organized action makes us safer.)
- Ideas free of common sense are necessary! (Always anticipate the unanticipated.)

Highlight ②

Community building for post-disaster reconstruction in the Nebama area

The local residents of Nebama have achieved community building for post-disaster reconstruction without relying on a seawall by engaging in dialogue with the local government. They chose to do so because ensuring a view of the sea is important for their everyday lives and indispensable for evacuation. Excursion participants will visit stone monuments that teach such lessons, pine forests that survived the tsunami, the settlement relocated to a significant height, etc., and listen to local residents telling about the process of community building on their initiative.



A tsunami is coming! Elementary and junior high school students are evacuating themselves to a higher place.



Local residents and volunteers clearing up tsunami debris

